

# GoldenWave



S A U N A S

## Far Infrared Wooden Sauna Assembly Instructions Manual



GD-200 / GD-300



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## Unique Magnetized Design for Screwless Assembly.

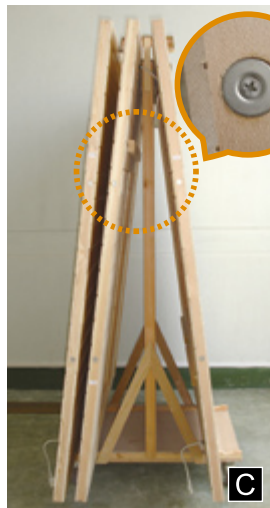
This assembly is very easy to perform. The Sauna uses a unique “Powerful Magnetic Attraction” between the two panels and the heater. Using this system could simplify assembly process.



The circled area is where the magnets are located. They can be found on each side of the Sauna and Heater frame panels.



The magnets' are located on the interior of each heater panel.



These powerful magnets are located on both the top and bottom of each panel.

# 1

## **Bottom Panel**

1. Place the Bottom panel flat on the floor.
2. Pedal should be placed in front.



# 2

## **Front Panel**

1. Place the Front panel onto the flat Bottom panel using the front grooves of the Bottom panel (As shown in drawing B).



### 3

#### ***Left Panel***

1. Place the Left panel onto the Bottom panel groove. Make sure that a right angle exists between the Left and Front panels.
- ※ There is a powerful magnet design between the two panels in order to easily assemble the panels correctly.
  - ※ Place electrical cords inside the sauna unit prior to panel assembly.



### 4

#### ***U steel buckle***

1. Insert the U steel buckle into the holes located on the top Front and Left panels.



### 5

#### ***Rear Panel***

1. Place the Rear panel onto the groove located on the Bottom panel. Make sure a right angle exists between the Rear and Left panels.
2. Insert the U steel buckle into the hole located on top of the Rear and Left panels.



## 6

### *Right Panel*

1. Place the Right panel onto the groove located on the Bottom panel. Make sure a right angle exists between Right and Front panels.
2. Insert 1 pc. of U steel buckle into the hole located on top of the panels between the Right and Rear panels. Insert 1 pc. U steel buckle into the hole located on the Right and Front panels.



## 7

### *Ceiling Panel*

1. Place the Ceiling panel on top of the sauna unit with the lights facing toward the front. (As shown in drawing A)



- ※There is a ventilation device on the Ceiling panel.(As shown in drawing B)

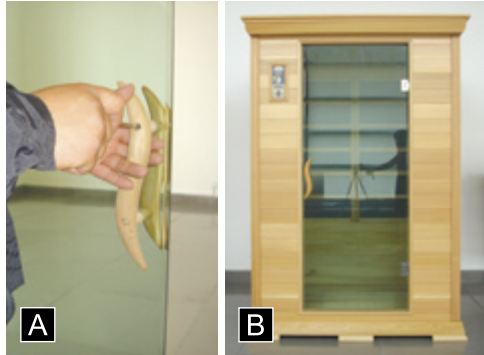


## 8

### Handle

1. Align two side handles to the holes and screw them together. (As shown in drawing A)

※Wooden assembly finished (As shown in drawing B).



## 9

### Cords

1. Remove the power cords and the left heater panel. This will allow you to install the bench and bench support panels.
  2. After installing the bench support and bench panels, and then place the heater panel which must be flat onto the bench panel for connecting cords because they are limited in cords' length.
- ※There is a powerful magnet design between the heater and the heater frame panel.



## 10

### ***Bench support panel***

1. Place Bench support panel (Heater Panel's side toward the exterior of the Sauna unit) onto the two sides grooves vertically.



## 11

### ***Plug Power Cords***

1. Plug the power cords of the Left panel, Rear panel, and bench support panel into the left power inlet.



## 12

### ***Plug Power Cords***

1. Plug the Right panel power cords into the right power inlet.



# 13

## Plug Cords

1. Plug the power and control panel cords into the receptacle found in the lower area of the Front panel.



# 14

## Fixing

1. Cover the area by inserting the small board into the Front and Bottom panel joint.



# 15

## Fixing

1. Insert the small-board so that it is flush with the panel.



# 16

## ***Bench Panel***

1. Place the bench panel onto the bench support panel.



# 17

## ***Power cords***

1. Connect the power cords on the Left panel with those on heater panel.
- ※The heater panel which must be flat onto the bench panel for connecting cords because they are limited in cords' length.



# 18

## ***Heater panel***

1. Insert the left heater panel into the left frame panel.



## 19

### *Plug Power cords*

1. Lift the top board of the Ceiling panel.
2. Plug in the saunas' interior & exterior power cords, temperature sensor connector, speakers connector and antenna terminal into the outlets console located in the front Ceiling panel.



## 20

### *Back support panel*

1. Install the back support panel.



## 21

### *Install CD player*

(CD player is for option)

antenna terminal

power cords



1. Plug antenna and power cords.(As shown in drawing B)



## 22

### *Install CD player*

1. Put CD player into fixing steel frame.(As shown in drawing B)



## 23

### *Install CD player*

1. Insert the CD player control panel. (As shown in drawing B)



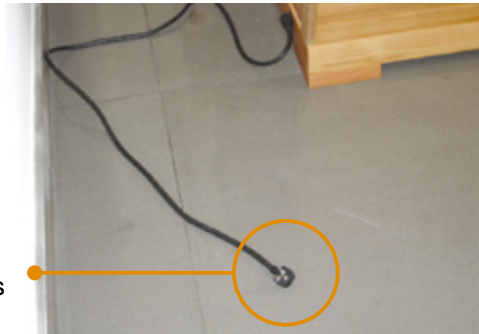
## 24

### *Plug Main power Cable*

1. Connect the main power cable to the wall outlet found at the lower rear area of the sauna.



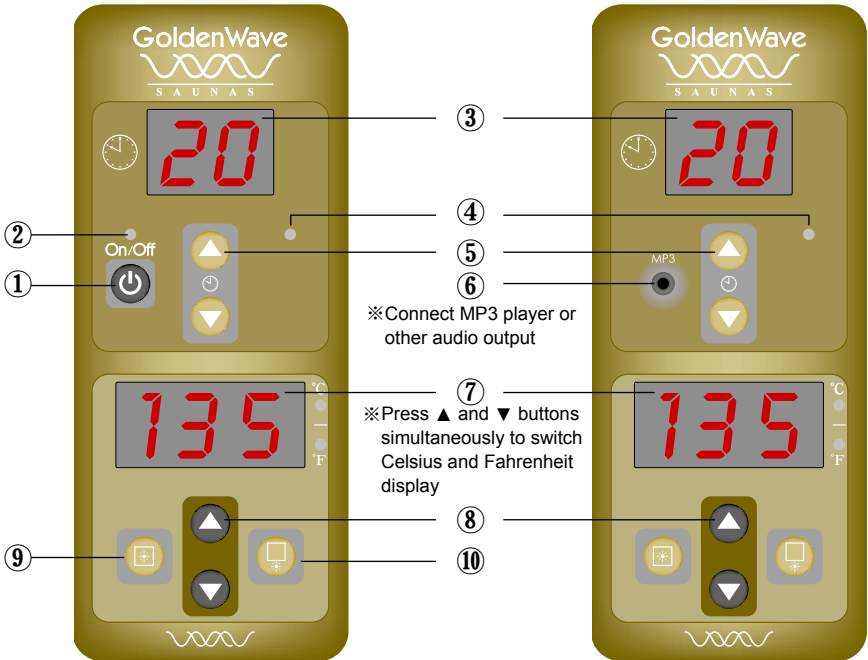
It is suggested to plug the sauna electrical outlet into an independent wall outlet which is not to be shared with any other electrical device.



# Control Panel Instruction

Exterior Control Panel

Interior Control Panel



## Golden Wave Sauna Control Panel Instruction

Number	Function	Number	Function
1	Power	6	Audio Input
2	Power Indicator	7	Temperature Display
3	Time Display	8	Temperature Control
4	Reservation Indicator	9	Interior Light Power
5	Timer Control	10	Exterior Light Power

### ■ POWER: On/Off

1. POWER light on indicates the sauna is on
2. POWER light off indicates the sauna is off

### ■ TIMER CONTROL:

Default time is 60 minutes. Press [▲] or [▼] to change the time. The timer will automatically count down until 00 then the sauna will shut off by itself.

- [▲] **Increase time:** Press once will increase the time by 5 minutes and the maximum set up time is 60 minutes.
- [▼] **Decrease time:** Press once decreases the time by 5 minutes down and the minimum set up time is 5 minutes.

### ■ TEMPERATURE CONTROL:

- Default temperature is 150°F(65°C) . Press [▲] or [▼] to change the temperature.
- °Celsius/°Fahrenheit : Press [▲] and [▼] at the same time to switch °C/°F modes.  
Celsius mode is indicated by the °C light;  
Fahrenheit mode is indicated by the °F light.



Fahrenheit mode is indicated by the °F light

- [▲] : **Increase temperature**

1. In <°F> mode, press this button once increases the temperature by 10 °F and it can be up to maximum 150°F.
2. In <°C> mode, press this button once increases the temperature by 5°C and it can be up to maximum 65°C.



Celsius mode is indicated by the °C light

- [▼] : **Decrease temperature**

1. In <°F> mode, press this button once decreases the temperature by 10 °F down, the minimum temperature is 100 °F.
2. In <°C> mode, press this button once decreases the temperature by 5°C down, the minimum temperature is 40°C.

### Temperature Display:

Within 15 seconds after power on the sauna, the temperature display will show your temperature setting. (LED flashes). After 15 seconds, the temperature display will show actual interior temperature (LED turns off).



Temperature setting mode is indicated by LED flashes

### Temperature Control:

1. When the interior temperature is below the set temperature, the heaters will automatically turn on.
2. When the interior temperature is higher than the set temperature, the heaters will automatically turn off.  
When the temperature drops 4°F ( 2°C) below the set temperature, the heaters will automatically turn on again to maintain a steady temperature.

■ ☒ **INTERIOR** : Interior light power on/off

■ ☐ **EXTERIOR** : Exterior light power on/off

☒  
(Interior/Exterior lights may still be controlled when the sauna is off)

### ■ Automatic memory:

The sauna will memorize the most recent “ time reservation mode” , “setting use time” , “temperature” as well as “°C/°F mode”. Unplug the power cords will return to default settings.

### ■ Audio-Input:

Inner amplifier could connect MP3 Player or other audio outputs to play audio from the sauna speakers.

### ■ <Long-term Power on> setting:

In “OFF” mode, press & hold “power button” for 8 seconds, “on” will be showed as a long-term power on.

(Noise: To use Golden Wave SAUNA in long-term power on will be sustained heat without time limited.)

### ■ <Long-term power on > removing:

After setting “long-term power on”, in “OFF” mode, press “power button” for 8 seconds, time setting will back to timing set mode.

### ■ Reservation mode:

In “OFF” mode, Press [time▲] and [time▼] at the same time will be in reservation mode (Reservation indicator will be “bright”), press once to remove the setting (Reservation indicator will “go out ”). Default time is 24 hours, press [time▲] increases the time up to a maximum of 36 hours. Press [time▼] decrease the time down to a minimum of one hour. Setting time will automatically memorized. After starting reservation mode, the timer will automatically count down until 00. Sauna will automatically start again according to the memory setting.

## ■ Sauna Specifications

Item No.	GoldenWave	
	GD-200	GD-300
Dimension (WidthxHeightx Depth)	1350mmx1930mmx1300mm 53"x51"x75 3/4"	1610mmx1300mmx1930mm 63 1/4"x51"x75 3/4"
Power	120V/13A, about 1600W 240V/6.5A, about 1600W	120V/15.4A, about 1840W 240V/7.7A, about 1840W

### ■ WARNING -

The use of alcohol, drugs, or taking medication is capable of greatly increasing the risk of fatal hyperthermia.

## ■ How to use the GOLDEN WAVE far infrared carbon sauna

### Before using the sauna:

- 1) Drink some water to aid in perspiration.
- 2) Prepare a wet towel as well as a dry towel for drying off.
- 3) Please wear thin all-cotton cloth or no clothing in order to avoid blocking far infrared penetration effect.

### Usage:

- 1) Turn on the power.
- 2) Set the time, generally use 20 minutes.
- 3) Set the appropriate temperature.
- 4) Golden Wave far infrared wooden sauna will automatically stop heating up when the time reaches zero.

■ NOTICE:

- 1) If the temperature becomes uncomfortable, decrease the temperature or shut off the sauna immediately.
- 2) Do not use if in late stages of pregnancy or have serious inflammation, a fever, a communicable disease, acute bleeding, or intoxicated.
- 3) New users of the sauna who are unaccustomed to high temperatures, elderly users, weak users, users with heart disease, high blood pressure, users who have had recent surgery, users with injuries, pregnant, menstrual period users should use on medium or low temperature settings (around 110°F / 45°C) and at shorter time settings (beginning with 5~10 minute sessions) to adapt to higher temperatures and longer sessions.